# We the People: The Citizen and the Constitution 2007 National Finalists' Knowledge of and Support for American Democratic Institutions and Processes

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# I. Executive Summary

We the People: The Citizen and the Constitution is an educational program developed by the Center for Civic Education. The program instructs students on the history and principles of American constitutional democracy with the primary goal of promoting civic competence and responsibility among the nation's elementary, middle, and secondary students. Additionally, the instructional program is intended to enhance students' understanding of the institutions of American constitutional democracy and to reinforce the contemporary relevance of the U.S. Constitution and the Bill of Rights. The program utilizes highly acclaimed curricular materials developed by the Center.

At the high school level, classes can choose to enter a formal competition, advancing from congressional district and state competitions to national finals. The competition is structured as a simulated congressional hearing in which students' knowledge of the Constitution and American democratic institutions is tested, allowing students an opportunity to apply the knowledge they have acquired through the curriculum and to strengthen their analytical skills in a practical way.

In the spring of 2007, a survey was taken of students participating in the national finals competition of the **We the People: The Citizen and the Constitution** program to assess its impact, at the highest level, on student knowledge of and support for democratic institutions and processes. This report compares the scores and responses of **We the People** national finalists to the relevant national sample. It should be noted that the **We the People** national finalists surveyed for this report represent a select, nonrepresentative sample of often high-achieving students who have won the academic competition in their respective states. Their results, however, will be compared to various representative national samples. Thus, the analyses of these comparative results are merely suggestive and not generalizable to a larger population.

# Major Findings:

• Students participating in the national finals competition of the **We the People** program possess significantly greater knowledge of American democratic institutions and processes than the average American.

Compared to a representative national sample of high school students surveyed by the 1998 National Assessment of Educational Progress (NAEP) civics assessment, **We the People** national finalists, as a group, are more knowledgeable in *every* category of civic knowledge delineated in the survey, outperforming the representative NAEP sample on *every* survey question.

- Twelve questions were answered correctly by over 90% of **We the People** national finalists.
- In the knowledge section, the mean test performance for **We the People** national finalists was 18 questions correct out of 23, compared to a mean of 12 correct out of 23 for the national sample.
- Ninety percent of **We the People** national finalists outperformed students who took the NAEP test.

- In a battery of five open-ended-response questions, 71% of **We the People** national finalists answered all five questions correctly, whereas only 17% of a corresponding national sample of adults and 8% of high school students scored similarly.
- Over 90% of We the People finalists exhibited political efficacy, disagreeing with statements such as: "So many other people vote in the national elections that it doesn't matter whether I do or not."
- Compared with a representative national sample of college freshmen, **We the People** national finalists assign much more importance to keeping track of political affairs, influencing the political structure, participating in community leadership, helping others in difficulty, and developing a meaningful philosophy of life.
- Ninety-one percent of **We the People** national finalists either *Mostly Agreed* or *Strongly Agreed* that the program increased their reasoned commitment to democratic institutions.

The survey included three questions included in the 2006 *Future of the First Amendment* high school student survey (FFA) sponsored by the John S. and James L. Knight Foundation's High School Initiative. The survey focused on the knowledge and attitudes of high school students, teachers, and administrators, especially regarding first amendment rights of free speech and press. **We the People** students showed an impressive respect for the First Amendment and its principles when compared to a representative sample of more than 100,000 high school students that participated in the *Future of the First Amendment* study.

- On a question asking whether people should be able to express unpopular opinions, 98% **We the People** students either *Strongly or Mildly Agreed*, while only 83% of the representative national sample did so.
- When asked whether newspapers should be allowed to publish freely without government approval of a story, 87% of **We the People** students *Strongly or Mildly Agreed* (12% *Strongly or Mildly Disagreed*), while 51% of the national sample *Strongly or Mildly Agreed* (36% *Strongly or Mildly Disagreed*).
- When questioned on whether the First Amendment goes too far in the rights it guarantees (which appeared alongside the actual text from the First Amendment), only 11% of **We the People** students *Strongly or Mildly Agreed* (and 89% *Strongly or Mildly Disagreed*), while 35% of the nationally representative sample *Strongly or Mildly Agreed* (and 44% *Strongly or Mildly Disagreed*).

# II. Introduction and Purpose of Survey

We the People: The Citizen and the Constitution is an educational program developed by the Center for Civic Education on the history and principles of American constitutional democracy with the primary goal of promoting civic competence and responsibility among the nation's elementary, middle, and secondary students. Additionally, the instructional program is intended to enhance students' understanding of the institutions of American constitutional democracy and to reinforce the contemporary relevance of the U.S. Constitution and the Bill of Rights. The program utilizes highly acclaimed curricular materials developed by the Center. At the high school level, classes may choose to enter a formal competition, advancing from congressional district and state competitions to national finals. The competition is structured as a simulated congressional hearing in which students' knowledge of the Constitution and American democratic institutions is tested, allowing students an opportunity to apply the knowledge they have acquired through the curriculum and to strengthen their analytical skills in a practical way. During the past 17 years, more than 82,000 teachers have taught the We the People curriculum to more than 26,500,000 students. In 2003, two million students participated in the program.

Past studies have shown that students who used the curriculum "significantly outperformed comparison students" on every topic studied (Educational Testing Service 1988, 1990, 1991). For example, a random sample of 900 high school students who studied the **We the People** curriculum outperformed 280 college sophomores and juniors enrolled in political science courses at a major university. **We the People** students excelled in every topic area on almost every test item (Educational Testing Service 1988, 1990, 1991). Another study found that **We the People** high school students develop a stronger attachment to political beliefs, attitudes, and values essential to a functioning democracy than most other students and adults (Brody 1994).

In early spring 2007, a survey was taken of students participating in the national finals competition of the Center's **We the People** program. The survey was designed to assess the impact of the program on student knowledge of and support for democratic institutions and processes. Students who compete in the national finals have, as a whole, participated in all levels of the program and have shown extraordinary mastery of the **We the People** curriculum. Consequently, this survey was designed to measure the impact of the program on this specific group of students.

# III. Sampling and Methodology

Each spring, the Center for Civic Education conducts a national finals competition for the fifty-one classes that had won their state competition and earned the right to compete in Washington, D.C. The classes, one from each state and the District of Columbia, studied the Center's *We the People: The Citizen and the Constitution* text to prepare arguments for these simulated congressional hearings. Sixteen of the 51 classes that competed at the 2006 national finals completed the survey (N = 211). Teachers administered the survey in classrooms between March and May 2007, before participating in the annual national competition.

# Survey Instrument

The survey instrument utilizes items drawn from several widely used surveys and tests and was designed by the Center to measure political knowledge and support for democratic institutions and processes, as well as to canvass students for feedback on the program itself. The survey consists of 86 open- and close-ended questions (see Attachment A) culled from various national surveys. All questions on the Center survey have been used by at least one national survey and administered to high school seniors, college freshman, and/or adults. For this study, responses of **We the People** national finalists were compared to respondents' answers on the appropriate national survey from which the question was taken. This report compares the percentage of correct responses by **We the People** national finalists with those of the relevant national sample. The survey also contains two open-ended questions seeking student feedback on their experiences with the program, and on the personal meaning of civic duty.

It should be noted that the **We the People** national finalists surveyed for this report represent a select, non-representative sample of often high-achieving students. Their results, however, will be compared to various representative national samples. Thus, the analyses of these comparative results are merely suggestive and not generalizable to a larger population.

# IV. We the People versus NAEP

Political knowledge is a prerequisite for engaged citizenship and political participation because citizens must possess enough knowledge to effectively and responsibly participate in the political process. Previous studies have shown that young adults are less politically knowledgeable than older adults (Delli Carpini and Keeter 1996:159), while older adults are

themselves surprisingly ignorant of many facets of American government (Niemi and Junn 1998:9a). However, our survey results indicate that **We the People** national finalists are on their way to becoming informed, engaged, and politically active citizens and community and political leaders.

Questions 1 through 23 of the **We the People** survey measure political knowledge based on public-release items from the 1998 National Assessment of Educational Progress (NAEP) civics assessment that evaluated student knowledge and understanding of U.S. government and politics. NAEP is an ongoing, congressionally mandated project sponsored by the National Center for Education Statistics of the U.S. Department of Education. The project assesses the educational achievements of American students in a variety of fields, including civics. The 1998 NAEP civics assessment surveyed 7,763 twelfth-grade students, a statistically representative sample of the entire nation.

The percentage of correct responses of **We the People** national finalists were compared to the responses of high school seniors in the nationally representative sample from the 1998 NAEP assessment. As noted earlier, the **We the People** sample represents a group of students who have excelled in the program and advanced to the national finals competition, whereas NAEP is a representative sample of all students in the United States (hereafter in this section called the national sample).

The questions were broken down into five categories, each of which addresses knowledge of a specific area of civic education: the general rights of citizens; state and local government; political systems, parties, and interest groups; basic structure and functioning of the U.S. government; and the ability to reason and make inferences from text. It must be noted that on every question, **We the People** national finalists outscored the national sample; in several questions the difference was over 30 percentage points.

# A. Knowledge of the General Rights of Citizens

In each of the five questions that address the general rights of citizens, **We the People** national finalists significantly outperformed the national sample.

Survey	Knowledge of General Rights of Citizens	WTP	NAEP	Difference
Question				
9.	Contrary to the time of the <i>Lochner</i> ruling, it is now	76%	61%	15%
	generally accepted that the government should take			
	some actions to defend the health and safety of			
	workers.			
14.	The Supreme Court's power to overturn	73%	30%	43%
	unconstitutional laws is an example of the U.S.			
	government's limit on majorities.			
15.	The Framers of the Constitution wanted to limit the	94%	72%	22%
	powers of majorities in order to protect the rights of			
	individuals and minorities.			
19.	The First Amendment of the U.S. Constitution and	91%	76%	15%
	Article 22 of the U.N. Universal Declaration of			
	Human Rights, 1948, show a common concern for			
	individual rights.			
20.	The Universal Declaration of Human Rights has been	82%	48%	34%
	opposed by some Americans because of fear that			
	international agreements will force the U.S. to act in			
	ways not consistent with its interest.			

# B. Knowledge of State and Local Government

Both groups were skilled at inferring from a graph the reason why local governments employ more people than do state or federal governments (94% and 83% respectively). However, the most significant difference in scores resulted from three questions based on a map of the congressional districts of Louisiana. Students were asked to examine the map and deduce the number of districts that should exist and what determines the size of a district.

Survey	Knowledge of General Rights of Citizens	WTP	NAEP	Difference
Question				
13.	The graph shows that local governments employ more people than do state or federal governments. This is because local governments meet the direct needs of so many people in so many different places.	94%	83%	11%
21.	A state's increase in population that is proportionally larger than that of other states is likely to increase the number of its congressional districts.	82%	59%	23%
22.	A state's legislature determines its congressional district boundaries.	61%	53%	8%
23	A congressional district occupying a relatively small area may indicate that it includes a large urban area.	73%	47%	26%

# C. Knowledge of Political Systems, Parties, and Interest Groups

In this category, **We the People** national finalists showed their superior knowledge, scoring considerably higher than the national sample in each question except for one, which generated the least difference between the two groups in the entire survey.

Survey Question	Knowledge of General Rights of Citizens	WTP	NAEP	Difference
4.	The American Association of Retired Persons would be most concerned about and opposed to severe cutbacks in the Social Security program.	99%	90%	9%
12.	Congress has two houses, one in which state representation is based on population and one in which all states have equal representation. This was outlined in the Connecticut Compromise.	91%	55%	36%
16.	Countries with proportional representation systems tend to have more political parties than those with single-member districts because they do not have to win a majority of the vote.	75%	46%	29%
17.	The best argument in favor of proportional representation systems is that the legislature is more representative of the popular vote.	71%	39%	32%
18.	The best argument in favor of single-member district systems is that voters make choices based on individual candidate qualifications rather than party affiliations.	60%	40%	20%

# D. Knowledge of the Basic Structure and Functioning of the U.S. Government

Three questions tested knowledge of the basic structure and functioning of the U.S. government.

Survey Ques.	Knowledge of General Rights of Citizens (percentage correct)	WTP	NAEP	Difference
		600/	4.507	450/
2.	While Congress and the courts have some authority	62%	45%	17%
	over foreign policy, the president and the state			
	department have the greatest authority.			
3.	The primary purpose of the Bill of Rights was to	94%	65%	29%
	limit the power of the federal government.			
7.	Most of the bills introduced in the House of	61%	31%	30%
	Representatives are never sent by committees to the			
	full House.			

# E. Ability to Reason and Make Inferences from Text

On each question in this section, **We the People** national finalists considerably outscored the national sample. These questions required students to analyze quotes and Supreme Court majority and dissenting opinions.

Survey Question	Knowledge of General Rights of Citizens	WTP	NAEP	Difference
1.	Limited government power is a principle articulated by John Locke's quote about the "ends of society and government."	80%	55%	25%
5.	"Individual liberties depend on citizens committed to the protection of those liberties" best summarizes Judge Learned Hand's argument about the state of the American democracy.	94%	69%	35%
6.	Judge Learned Hand believed it was most important that citizens protect their freedoms through political participation.	94%	59%	35%
8.	The U.S. Supreme Court ruled in <i>Lochner v. New York</i> that the law limiting the numbers of hours people could work was unconstitutional.	77%	30%	47%
10.	The principle that government should play as small a role as possible in civil society and the economy is directly consistent with the reasoning behind the Lochner ruling.	68%	25%	43%
11.	In <i>Lochner</i> , Peckham argues for judicial activism to limit government power while Harlan argues for judicial restraint but a more active role by government.	62%	35%	27%

# F. Overall Summary

We the People national finalists scored higher on every knowledge question than the representative national sample of high school students. Their superior knowledge of American government, as evinced by their higher percentage of correct responses to every question, reflects the detailed curricular content of the program that instructs students in political processes, the nature and history of democratic institutions, and the U.S. Constitution. The average percentage of correct responses for the entire section of knowledge questions for We the People national finalists is 78%, compared to 52% of the national sample. The mean of correct responses for We the People national finalists is 18 out of 23 total questions, while the mean of correct responses for the national sample is 12 out of 23. Eighty-eight percent of participants outperformed the national sample as tested by NAEP. The results of the survey show that We the People national finalists know more than students in the national sample about civics and government in every aspect of civic education tested by the NAEP items.

# V. We the People versus Adults: More Knowledge Questions

Three open-ended questions on the **We the People** survey were derived from the American National Election Studies (ANES), a collection of national surveys conducted annually since 1952. Funded by the National Science Foundation, ANES are designed to present data on issues such as Americans' enduring political positions, social and political values, and participation in political life. Each study contains information culled from interviews conducted with 1,000 to 2,000 respondents, aged from 18 to more than 80. The samples are representative of the major regions of the contiguous United States as designed by the U.S. Census Bureau.

Responses of **We the People** national finalists were compared to the 1991 and 2005 NES samples. Students in the **We the People** program outscored the national sample of adults on all three questions.

Survey	<b>Knowledge of General Rights of Citizens</b>	WTP	1991 NES	2005 NES
Question				
24a.	The job or political office held by Dick Cheney	95%	not asked	76%
24d.	Which party controls the House	91%	68%	49%
24e.	Which party is more conservative	90%	57%	61%

These three questions, in addition to two other open-ended questions<sup>1</sup> were asked of ninth- through twelfth-grade students and their parents in 55,708 randomly selected households for the 1996 National Household Education Survey (NHES). NHES is a large national study of adults and youth conducted by Westat for the National Center for Education Statistics of the U.S. Department of Education. The results were reported in Niemi and Junn's (1998a) *The Civic Development of 9th through 12th Grade Students in the United States: 1996*.

Comparing the responses of **We the People** national finalists to those of ninth-through twelfth-grade students and their parents, **We the People** national finalists easily outperformed both the students and adults of the national sample. In fact, 71% of **We the People** national finalists answered all five questions correctly while only 8% of the national sample of high school seniors and 17% of the national sample of their parents did the same.

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<sup>&</sup>lt;sup>1</sup> 24b. Responsibility of determining the constitutionality of a law. 24c. How much of a majority is needed to override a presidential veto.

Correct answers	WTP students (most 12 <sup>th</sup> grade)	9 <sup>th</sup> -12 <sup>th</sup> grade students, from NHES	NHES parents
0 Correct	.5%	24%	16%
1 Correct	2%	25%	16%
2 Correct	2%	17%	16%
3 Correct	8%	15%	17%
4 Correct	17%	12%	19%
5 Correct	71%	8%	17%

# VI. We the People and Monitoring the Future: Political Attitudes

Questions 25 through 29 and 32 of the **We the People** survey were designed to measure students' attitudes toward American politics. The questions were taken from Johnston, Bauchman, and O'Malley's (1997) *Monitoring the Future: A Continuing Study of American Youth* (MTF) as part of a survey administered to approximately 16,200 high school seniors. Begun in 1975, the MTF annual surveys explore changes in values, behaviors, and lifestyle orientations of contemporary American youth. MTF is funded by the U.S. Department of Health and Human Services and the National Institute on Drug Abuse.

Of the **We the People** national finalists surveyed, 60% identified themselves as being white, and approximately 98% responded that they intended to go to a four-year college or college and graduate school. Because the vast majority of national finalists are white and college-bound, we compared them to white, college-bound respondents on the MTF survey (N = 917).

We the People national finalists and students in the national sample were questioned regarding their intent to participate in certain political activities, such as registering to vote, donating to a political candidate or cause, working in a political campaign, participating in a lawful demonstration, and boycotting products or stores. We the People national finalists were more likely than students in the national sample to declare that they will participate in any given political activity. In virtually all of the measures questioned, We the People national finalists were significantly more likely than white college-bound students in the national sample to declare that they will participate or have already participated in all types of political activities measured in the MTF survey.

Survey	Question	WTP	MTF
Question			
37a.	Will or have already registered to vote	98%	96%
37c.	Will or have already written to a public official	65%	44%
37d.	Will or have already donated to a political candidate or	45%	19%
	cause		
37e.	Will or have already worked in a political campaign	47%	15%
37f.	Will or have already participated in a lawful demonstration	60%	26%
37g.	Will or have already boycotted certain products or stores	44%	34%

These findings indicate that **We the People** national finalists are more politically engaged in every regard than the representative national survey, and suggest that the **We the People** program motivates students to become politically informed and active in civic life.

# VII. We the People versus American College Freshman

The Higher Education Research Institute at University of California, Los Angeles publishes an annual report entitled, *The American Freshman: National Norms*. These reports are based on surveys of freshmen attending colleges and universities. The data shown below are taken from the **We the People** sample and from the 40th *American Freshman: National Norms* for the Spring 2007 report. The survey encompassed 271,441 students at 393 of the nation's two-and four-year colleges and universities.

Survey	Question	WTP	MTF
Ques.			
38a.	Keep up to date with political affairs	83%	37%
38b.	Influence the political structure	61%	23%
38c.	Be well off financially	55%	73%
38d.	Develop a meaningful philosophy of life	82%	46%
38e.	Become a community leader	52%	35%
38f.	Help others who are in difficulty	83%	67%

Compared to American freshmen nationally, **We the People** national finalists place less value on wealth and place more importance on developing a meaningful philosophy of life, becoming a community leader, and helping others in difficulty. **We the People** national finalists have a positive attitude toward political institutions.

# VIII. Future of the First Amendment

Three questions were culled from the *Future of the First Amendment* high school student survey (FFA) sponsored by the John S. and James L. Knight Foundation's High School Initiative. The survey focused on the knowledge and attitudes of high school students, teachers and administrators, especially with respect to first amendment rights of free speech and press. The project surveyed more than 100,000 high school students, nearly 8,000 teachers and more than 500 administrators and principals at 544 high schools across the United States.

According to the publishers of the report:

In recent years, in fact, annual surveys of adult Americans conducted by The Freedom Forum show that public support for the First Amendment is neither universal nor stable: it rises and falls during times of national crisis. In the wake of the 2001 terrorist attacks, the nation was almost evenly split on the question of whether or not the First Amendment "goes too far in the rights it guarantees." Not until 2004 did America's support for the First Amendment return to pre-9/11 levels, when it received support from only about two-thirds of the population. Even in the best of times, 30 percent of Americans feel that the First Amendment, the centuries-old cornerstone of our Bill of Rights, "goes too far."

Survey	Question	WTP	FFA
Question			
30.	People should be able to express unpopular opinions.	Strongly or Mildly Agree: 98% Strongly or Mildly Disagree: 2%	Strongly or Mildly Agree: 83% Strongly or Mildly Disagree: 7%
31.	Newspapers should be allowed to publish freely without government approval of a story.	Strongly or Mildly Agree: 87% Strongly or Mildly Disagree: 12%	Strongly or Mildly Agree: 51% Strongly or Mildly Disagree: 36%
34.	The First Amendment goes too far in the rights it guarantees.	Strongly or Mildly Agree: 11% Strongly or Mildly Disagree: 9%	Strongly or Mildly Agree: 35% Strongly or Mildly Disagree: 44%

# IX. Student Feedback on the We the People Program

Questions 27 and 39 were concerned with students' perceptions of what entails civic duty. When questioned about what activities can be undertaken in order to be a "good citizen," the majority of WTP students responded that voting is a central aspect to good citizenship. Relatedly, being informed or caring about politics was viewed as important, in addition to helping or being involved in the community. An open-ended question allowed students to put the meaning of "civic duty" into their own words. These responses tended to cluster around three sorts of answers. A large proportion of students wrote that political participation was their

own personal definition of civic duty. One student wrote, "Vote, how do you live in a democracy without voting?" Another wrote, "My civic duty is to take part in the system that runs the country in which I live."

Another large cluster of students thought that community involvement and helping others are central to civic duty. Typical responses included, "To help my community flourish and to make the lives of others around me better," "To help those in need, be a good active citizen and work for the general welfare," and "To be a productive citizen. That means I should obey laws posed by the government and help people in need when possible." Many students viewed civic duty to include a component of selflessness, in which the needs of the community are more important than individual desires: "That individuals perform acts that will help the community as a whole, not just themselves," and "Fulfill the responsibilities that a good society requires."

Lastly, another cluster of students defined civic duty not just as political participation, but participation that involves keeping an informed and vigilant eye on the government. One student wrote, "To be a critical and participating member of both the community and country. This means getting involved, voicing your opinions and accepting and fulfilling your responsibilities." Another wrote, "To be grateful for the rights I have but keep the government in line. If there is a law or action passed by the government that I find to be morally or constitutionally wrong, I should express my opinion in a public forum." These students expressed civic duty as including an active component in which citizens police government officials in order to be satisfied that they represent their true desires.

Students' feedback on whether they believed that participating in the **We the People** program has increased their reasoned commitment to democratic institutions was also solicited. Eighty-two percent of students indicated that the program had an effect in this regard. Overwhelmingly, students offered very positive feedback, mentioning not only increases in their levels of knowledge, but also how the course affected their desire to participate politically in the future. The most common response to this open-ended question was that WTP provided students with an engaging means of increasing their knowledge about how the government works and what rights the Constitution grants.

This increase in knowledge was frequently related to either the importance of individual rights, or understanding the values behind democracy. One student commented, "Learning about my rights identified my commitment to protect them." Another student wrote, "I have always

believed in democratic institutions, this course has given me more to base that belief on." Increased knowledge was often associated with increased interest in politics and current events in general; as one student said, "I have researched more and kept up with democratic institutions, but I need to do it more."

Many other students wrote about how the program increased their awareness of rights, governmental institutions, and social issues, and how this awareness led to a desire to get more involved. Put simply, "It has made me more aware, and made me want to take part." Students with comments like these were essentially writing about increases in political efficacy, for example: "I am more able to understand the political institutions that influence my life. With greater efficacy, I can more effectively influence these institutions." This awareness, for many, seemed like a natural impetus for action. "We the People empowers" one student wrote, "The next generation of this nation's leaders [must] leave complaining and blaming behind and start taking action to better this country and the world through the political process set in place by our Founding Fathers." Another student, an immigrant, wrote, "I felt I didn't have a role in the U.S. government. I was wrong, because I discovered many other ways to participate and be an active individual."

Quite a few students wrote either explicitly or implicitly that the program provided them with a set of skills that they could use in future involvement in the political arena. This took the form of knowledge, political tolerance, critical thinking, and an increased ability to express one's opinions. One participant commented, "I am more involved with current events, more accepting of different beliefs, and able to critically think and vocalize opinions on political issues." On the topic of expression, another wrote: "We the People allowed me to gain the skills I needed to speak eloquently and deliver my opinions more successfully."

While some students indicated that their level of knowledge or participation was already high, students that still found the program valuable far outnumbered those who didn't. Another interesting component in these responses that was not specifically articulated by students was an increase in positive feelings towards democracy. Students wrote of their increased commitment to democracy and its institutions, and the importance of democracy as a concept in general.

### X. Conclusion

This report was designed to measure political knowledge and support for democratic institutions and processes among students participating in the national finals competition of the **We the People: The Citizen and the Constitution** program administered by the Center for Civic Education. Classes that compete in the program's national finals have received the most indepth exposure to the materials. Therefore, these students were surveyed to evaluate the effectiveness of the program at the highest level—students who competed at the annual national finals in Washington, D.C.

Measures included here show that **We the People** national finalists are better informed in every aspect of political knowledge measured than national samples of high school seniors, college freshmen, and adults. Knowledge and skills gained through program participation both empower students and strengthen American democracy, which relies on at least a minimally informed public (Delli Carpini and Keeter 1996). Furthermore, **We the People** national finalists are far less cynical about American politics and government than a corresponding national sample of high school seniors, resulting in higher political participation.

These findings, as well as students' own written feedback, suggest that **We the People** national finalists have far more positive attitudes toward democratic institutions than other high school seniors, college students, and adults. Increased knowledge can help young citizens analyze decisions made by government officials and help them to make informed decisions. The survey shows that this knowledge increases their support for American government and its institutions. Many students noted that the political knowledge amassed from the **We the People** program increased their political engagement and created a more positive attitude toward democracy. Also, meeting and interacting with officials who were willing to make personal sacrifices to serve their government helped students to acknowledge the value of being engaged in political affairs and supporting the government. The survey suggests that **We the People** national finalists are better prepared for active citizenship, are endowed with an impressive array of political knowledge and skills, and possess attitudes conducive to full participation in the political process.

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